

Alberta's Health Regions and Voluntary Organizations and the Health Sciences Association of Alberta (HSAA)

This classification specification identifies representative duties and responsibilities, and is intended to assist in the determination of the appropriate classification level within each discipline. Some duties and responsibilities may overlap between class levels. The classification specification is not intended to provide an exhaustive list of all duties performed.

Classification Title: **Recreation Therapist I**

Date Updated: **May 20, 2008**

Job Summary:

The Recreation Therapist I is responsible for providing therapeutic recreation services in the area of functional intervention, leisure education and recreation participation. Responsible for assessing client's recreation and leisure needs, developing treatment plans and providing therapeutic programs/ activities to meet these needs.

Key Responsibilities and Typical Duties:

Core Duties

- Completes recreation therapy assessments on clients and evaluates needs and capabilities to determine goals and treatment plans.
- Screens, assesses and treats clients individually and/or in groups.
- Facilitates, instructs and motivates clients in therapeutic recreation activities.
- Evaluates client progress and intervention modalities and modifies treatment plan as required.
- Participates in case coordination/management as appropriate.
- Oversees, participates in, and implements planning of events.

Other Related Duties

- Liaises with community groups and resources.
- Checks, cleans and maintains recreation therapy equipment, supplies and work areas.
- Provides input into departmental policies, procedures.

Leadership

- Assists with the orientation, supervision and evaluation of Recreation Therapy Assistants, Aides, students and volunteers as requested.
- Provides consultation and education regarding recreation therapy issues to treatment team members and staff as required.

Leadership (cont)

- Assists in clinical direction of Recreation Therapy Assistants, Aides and students as assigned.
- Participates in and facilitates therapeutic recreation in-service programs.

Decision-Making

- Makes day-to-day clinical decisions regarding assessment, intervention, discharge and follow-up of clients.
- Identifies, designs and recommends appropriate adaptive leisure equipment based on client needs.

Knowledge:

Education

- Bachelors Degree in Recreation Therapy, Leisure Studies, Recreation Administration or a related field.

Registration Requirements

- Registered with the Alberta Therapeutic Recreation Association (ATRA).

Working Conditions:

Physical Demands

- Stands, walks or sits for prolonged periods of time.
- Active physical participation with clients required.
- Participates in client transfers as required.
- Lifts, pushes and carries a variety of equipment.

Work Environment

- Work environments include facilities, homes, community recreation centers and outdoor recreation areas.
- Travel required in all weather/road conditions.
- May be subject to verbally and/or physically aggressive clients and/ or family.